

# 6 Core Principles for Coaching

*Trust – an overarching principle*

- 1) Provide Space and Opportunity.
- 2) Identify and Hold Student's Agenda and Developmental Goals.
- 3) Hold the Focus and Keep on Track.
- 4) Ask Motivating Questions that provoke thinking, solutions, actions, discovery, and insights derived by the coachee.
- 5) Listen with an Open Mind. Be Curious. Refrain from telling your own story.
- 6) Give an Inquiry. What will you do between now and our next meeting that moves you along your development plan?